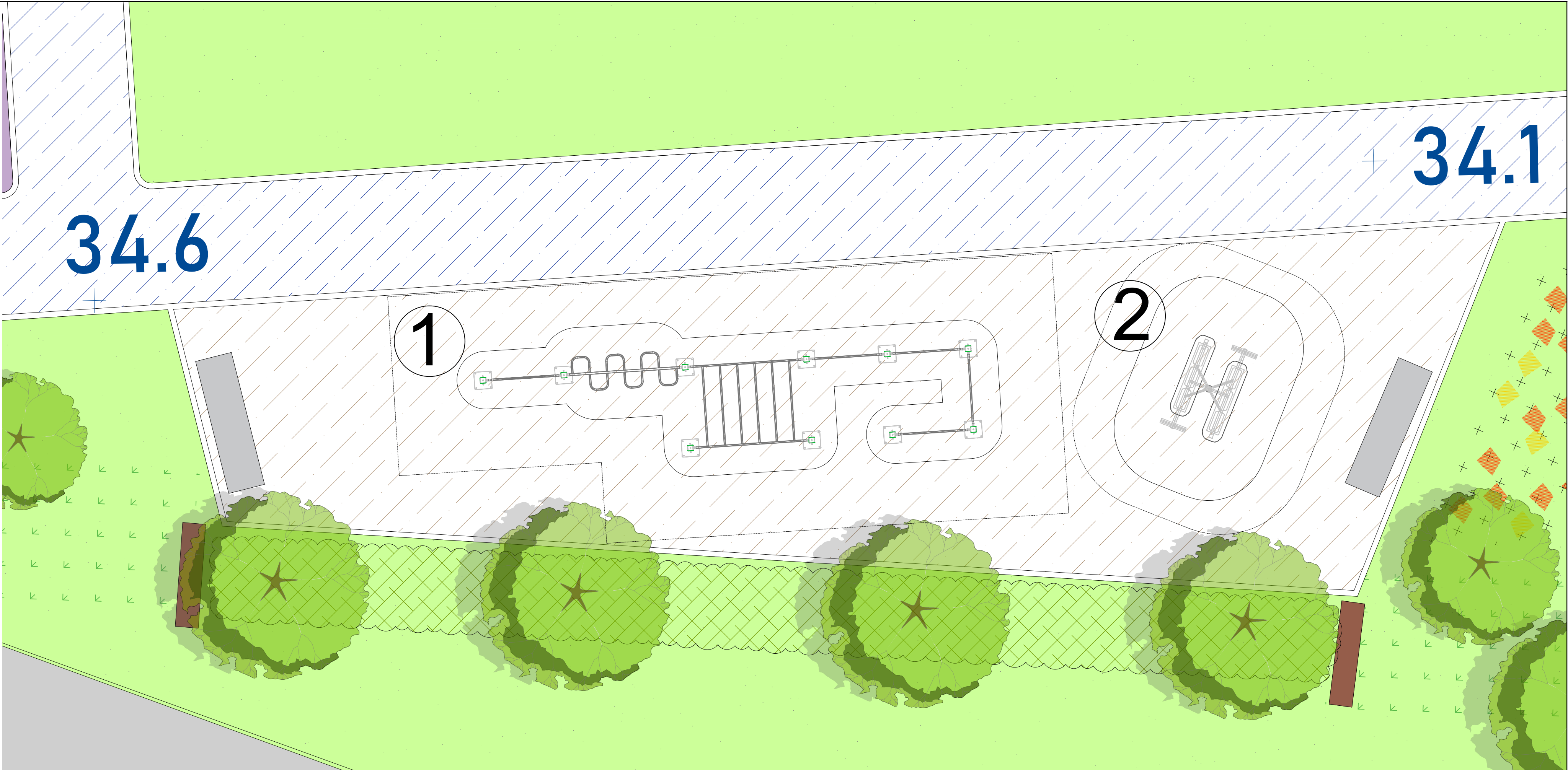




HAGS® Product Information

HAGS® Technical Information

8065163: Denfit Wave Monkey Bars

HAGS® Product Information

HAGS® Technical Information

8109657: Hags Double Sit Up

1



Denfit Wave Monkey Bars

8065163



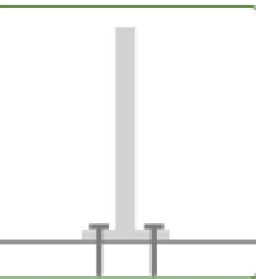
OM Above Ground



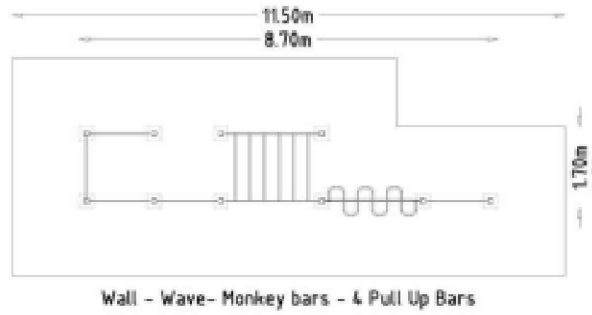
The Denfit Wave Monkey Bars are a large outdoor gym calisthenics frame designed to provide a challenging and fun workout experience. This robust and durable frame features a series of interconnected monkey bars in a wave-like formation, allowing users to engage in various upper body exercises and develop strength, coordination, and agility.

Specifications	
Length (mm):	8500 mm
Width (mm):	1740 mm
Height (mm):	2700 mm
Net Weight:	258 kg
Safety Area :	1.5 m²
Fall Height (mm):	1300 mm
Assembly Time:	20 Hours

Anchoring

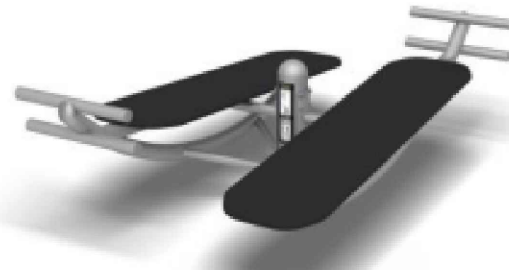


OM Above Ground



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2



HAGS Double Sit Up

8109657

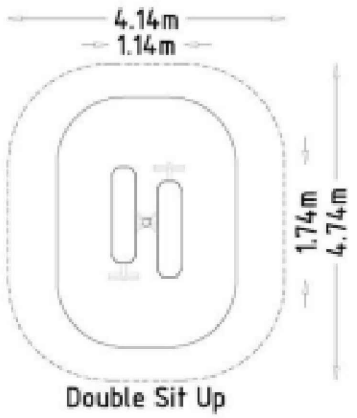
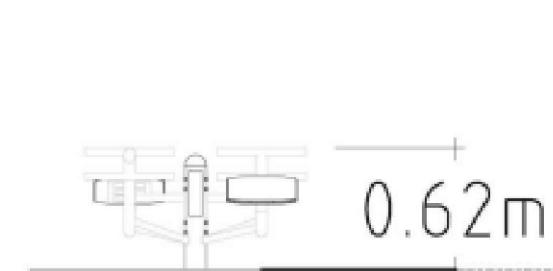


CC Cast In Place



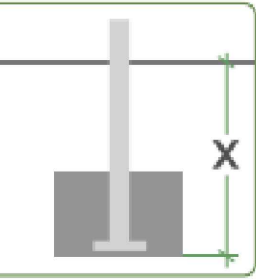
Titanium Grey

This two-person Sit Up station is perfect for strengthening abdominal muscles and providing core stability, which helps support and protect internal organs and aids in breathing. It also helps the development of upper body muscles such as shoulders and biceps, as well as aiding the flexibility and agility of joints. It can be used for a wide variety of sit-ups and abdominal crunch exercises, as well as seated leg raise exercises. A great value outdoor gym equipment with very low maintenance. This version comes as titanium.



Specifications	
Age Range:	14+
Length (mm):	1140 mm
Width (mm):	1740 mm
Height (mm):	620 mm
Net Weight:	77 kg
Safety Area Width (mm):	4040 mm
Safety Area Length (mm):	4610 mm
Safety Area :	17 m²
Fall Height (mm):	460 mm
Assembly Time:	3 Hours

Anchoring



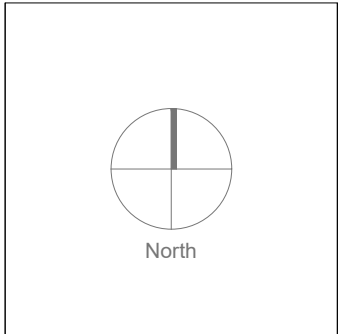
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Rev.	Date	Note
00	0000-00-00	00



General Notes

Project Name		Drawing Name	
Mixed Use Development -Arklow		Calisthenics Equipment Plan 1/2	
Status	Planning	Drawing No	CE-01-PP
Project No	26-008	Revision No	00
Scale	1:50	Drawn By	D.C.
Date	29/09/2026	Checked By	D'OT
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